

Departures:

Do I have to let go?

Facilitated by

Mągotte Kączanowska



&

Suzanne Thompson



During this eight-week group meeting, together we will share what it means to grieve the death of a loved one but also what it means to keep your relationship alive. We will share our grief with others who can relate, and discover ways we can, and already do maintain our loved ones close.

We are committed to creating a safe place for you to explore your loss, share your experiences and contemplate the bond of connection.

Departures:

Do I have to let go?

Exploring Healing and maintaining connection after the death of a loved one



A new bereavement support group in our community



After the death of a loved one...

What if you did not have to say good-bye?

How would this change your grieving journey?



What if the connection with your loved one doesn't have to end?

How would this affect how you remember this person, their role in your life now and your hopes for the future?



What if this is not the end of your relationship?

How would that change how you are at this moment?

Starting

October 24, 2013

Sessions
take place on
8
Thursdays

Time:

6:00pm – 8:00pm

Fee:

\$195.00

for the 8 week group
with an opportunity for
individual counselling
following the group.

***“Death ends a life,
not a relationship”***



For more information please call:

416-769-6339

www.MargottePsychotherapy.com

2133 Bloor Street West, Suite 201
Toronto, ON, M6S 1N2